

## Adult Interview

### Introduction

When your parents (or guardians) were younger, do you think they were pressured into doing risky things? Do you think your parents had to make tough decisions about whether or not to use tobacco like e-cigarettes, cigarettes and smokeless tobacco? Now is your chance to find out.

### Directions

Your assignment is to ask a parent (or another adult you know) the questions listed below. Write the answers on this sheet. You will share the information with your class in the next CATCH My Breath session.

### Activity

**Name of person you are interviewing and their relationship to you.**

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**Please respond to the following statements with “True” or “False”:**

- E-cigarettes contain nicotine \_\_\_\_\_
- E-cigarette “smoke” is water vapor \_\_\_\_\_
- E-juice can be fatal to babies and toddlers if ingested \_\_\_\_\_
- Teen brains get addicted to nicotine more easily than adult brains \_\_\_\_\_

### Adult Interview

- Have you ever felt pressured to try cigarettes, E-cigarettes, or other tobacco products? If so, what did it feel like to be pressured into trying those products?

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- Did you give into pressure? If not, how did you resist the pressure?

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**E-CIGARETTE & JUUL PREVENTION PROGRAM**

- How often do you see e-cigarettes and regular cigarettes in movies, TV, magazines, newspapers, or on social media today?

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- What do you think when you see ads or your favorite celebrities using e-cigarettes or regular cigarettes?

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- Does/did seeing ads or your favorite celebrities use tobacco products influence your decision for using (or not using) e-cigarettes or regular cigarettes?

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